

# CERTIFICATE OF PARTICIPATION

This is to certify that

**alexandrea van  
helsdingen**

Has successfully participated & completed the

**5km Prestige Trail Run Series #3 - Rosemary Edition**

held at Rosemary Hill Trails.

**TIME 00:34:56**

**PACE 06:58/km**

**GENDER 20 of 110**

**OVERALL 44 of 178**

**40 - 49 3 of 28**

25 August 2019, Sun

Date



*BoutTime*

Signature

